

# LOSE READING

Includes 4 high interest passages, three days of reading response pages, and an extension activity for students to complete.

## New Year's Resolutions



A New Year's resolution is a tradition that many people implement at the beginning of each year by making a promise for the year to come. Many people make their resolutions on January 1<sup>st</sup>, the first day of the New Year.

A New Year's resolution is a promise that one makes for themselves to be better in the year to come. A person may decide to become physically better by losing weight or eating healthy, but can also make a resolution to become better mentally by doing random acts of kindness or practicing self care throughout the year.

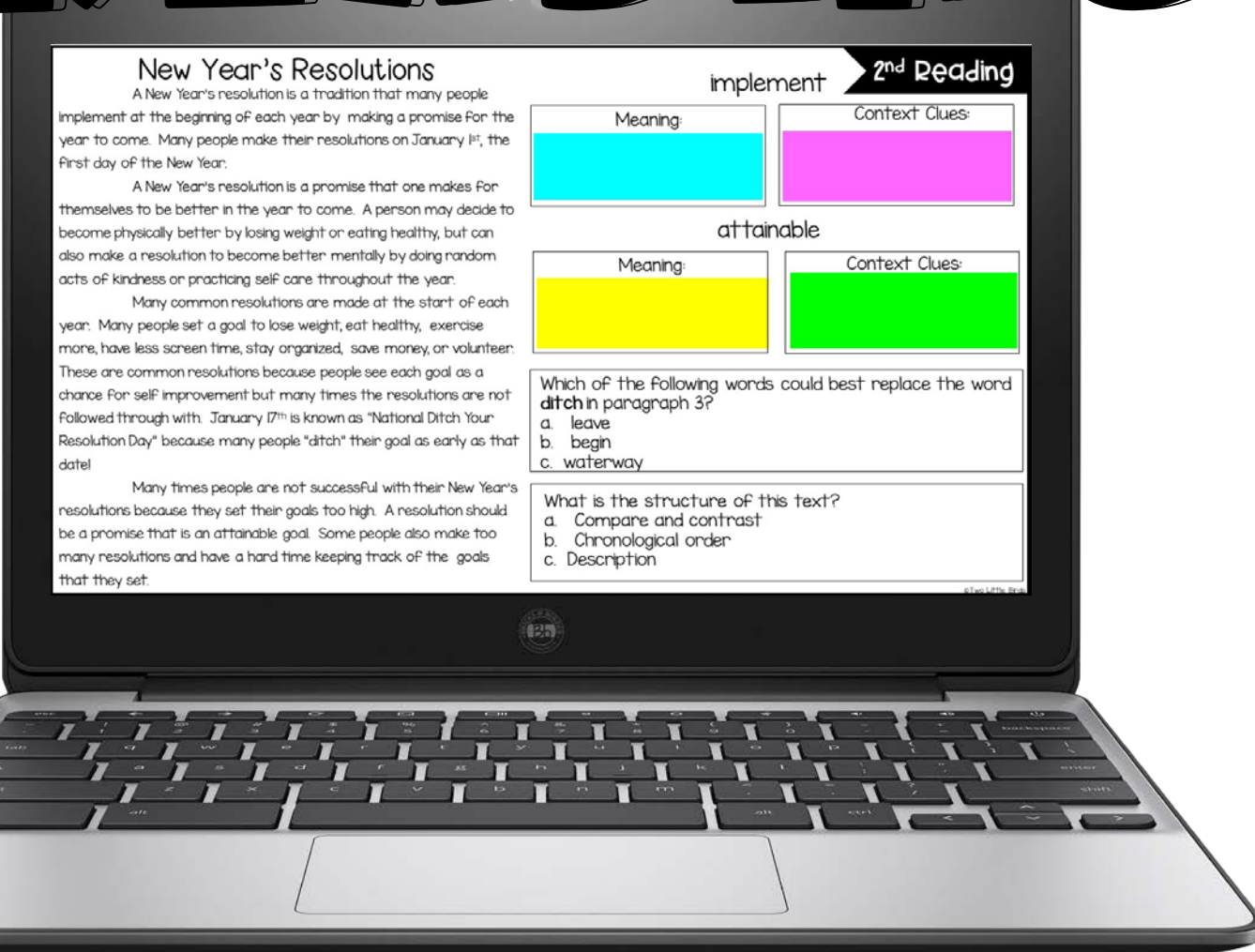
Many common resolutions are made at the start of each year. Many people set a goal to lose weight, eat healthy, exercise more, have less screen time, stay organized, save money, or volunteer. These are common resolutions because people see each goal as a chance for self improvement but many times the resolutions are not followed through with. January 17<sup>th</sup> is known as "National Ditch Your Resolution Day" because many people "ditch" their goal as early as that date!

Many times people are not successful with their New Year's resolutions because they set their goals too high. A resolution should be a promise that is an attainable goal. Some people also make too many resolutions and have a hard time keeping track of the goals that they set.

Passages include New Year's Resolutions, Winnie the Pooh, The Presidential Inauguration, Ellis Island.

1 <sup>st</sup> Reading	2 <sup>nd</sup> Reading
<p><b>New Year's Resolutions</b></p> <p>Why are resolutions made on January 1<sup>st</sup>? Use evidence from the text.</p> <p>Give an example of a resolution that would be a physical resolution.</p> <p>What are some common resolutions that people make?</p> <p>What is paragraph 3 mostly about? Use evidence from the text.</p>	<p><b>New Year's Resolutions</b></p> <p>implement → Context Clues: _____</p> <p>Meaning: _____</p> <p>Meaning: _____</p> <p>at tainable → Context Clues: _____</p> <p>Which of the following words could best replace the word ditch in paragraph 3? a. leaves</p>
<p><b>3<sup>rd</sup> Reading</b></p> <p><b>New Year's Resolutions</b></p> <p>Do you have a New Year's resolution? Why or why not? Use evidence from the text to support why you do or do not have a resolution.</p> <p>What is a goal you have for yourself in the New Year?</p>	<p><b>New Year's Resolutions</b></p> <p><i>Extension Activity</i></p> <p>Scan here to watch a short video about having an awesome year.</p>   <p>Write 3 things that you will do to make this year awesome.</p> <ol style="list-style-type: none"><li>_____</li><li>_____</li><li>_____</li></ol>

# close READING



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### implement 2<sup>nd</sup> Reading

Meaning:

Context Clues:

### attainable

Meaning:

Context Clues:

Which of the following words could best replace the word **ditch** in paragraph 3?  
a. leave  
b. begin  
c. waterway

What is the structure of this text?  
a. Compare and contrast  
b. Chronological order  
c. Description

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Digital slides available for all four passages, reading response pages, and extension activities in Google Slides.

# CLOSE READING

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the **SECOND** reading...

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the **FIRST** reading...

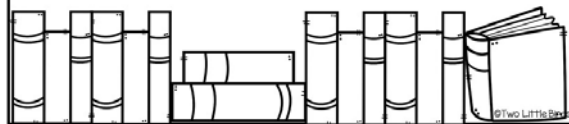
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## what is CLOSE READING?

Close reading is careful and purposeful reading through rereading a short amount of text. When a student reads closely, they dig deep into the text through multiple readings that lead to deeper comprehension.

The first reading should focus on the main idea and details of the text. The second reading digs deeper and focuses on the vocabulary and text structure and the third reading dives deep into the student's comprehension by making inferences, determining theme, and studying the author's craft.

By reading closely, student will have a better understanding of the text, leading to deeper and more meaningful discussions of the text. Students learn to annotate the text, reread text for meaning, answer text dependent questions and respond to the text in writing.



Close reading tips for each reading

**3<sup>rd</sup> Reading** New Year's Resolutions

Do you have a New Year's resolution? Why or why not? Use evidence from the text to support why you do or do not have a resolution.

Answers will vary but should include support from the text.

**2<sup>nd</sup> Reading** New Year's Resolutions

implement → Context Clues: at the beginning of each year

**1<sup>st</sup> Reading** New Year's Resolutions

Why are resolutions made on January 1 <sup>st</sup> ? Use evidence from the text. The text states that January 1 <sup>st</sup> is the beginning of the New Year and a resolution is a promise for the upcoming year.	Give an example of a resolution that would be a physical resolution. Eating healthy.
What are some common resolutions that people make? Exercise, eat healthy, less screen time, lose weight, be more organized, save money, volunteer.	What is paragraph 3 mostly about? Use evidence from the text. The text states common resolutions that people make for the New Year.

The main idea of this whole passage is New Year's resolutions are made at the beginning of each year so people can improve upon themselves in the year to come.

Answer keys included